

The Essence of CompCamp

CompCamp has two main ideas:

1. The future development of Dancesport has to include **Nutrition, Psychology, Body Language, Fitness** (in a physical and mental sense), **Athleticism, Efficiency and Stamina, but also Recreation** (Practice-, Competition- and Offtime- Management). Together with the 4 Judging Criteria of the WDSF this is the obvious aim of CompCamp for the couples. (This subject can also be called the scientific approach)
2. The second, underlying, but we do believe even more important aim, is the strategy and development of awareness in which direction Dancesport is moving and how much we can all, officials, coaches, couples etc., work together to shape this direction. We are now talking about **Individuality, Character, Uniqueness, Musicality, Flexibility, Balance** (in terms of mental, optical and physical Balance), **Transformation of Dancesport, Attractivity** for Youth and young Adults to Seniors, how does "Dance" speak to people, audiences, officials and Dancers or Athletes of all age groups. (This can be called the emotional, experience and "Feeling" approach).

At CompCamp, synonymous with Tolerance, Development and Creativity, we are working out ways for both these points, in addition to creating new ways of bringing young people to Dancesport. We believe that everybody has a right to their opinion and has something positive to add to the dance community in order to get the direction of our aims on track.

Most of us are driven by the desire to move to music and to experience magic together with a partner. Once your physical and mental level allows you this freedom, you can follow and fulfil your dream.

This is what CompCamp wants and will achieve with the support of Dancers, Coaches and Officials.

We certainly do realise that there are two main contributing factors for couples that either enhance or stop their development: time and money.

Factor one is difficult to help with, but there is always time for real important development stages like CompCamp

Factor two we can help, either with economical accommodation in Schladming or packages, contact us for details (info@CompCamp.org).

This is the essence and message that we want to convey.